

Your Diabetes Annual Review and the PRELUDE1 study

Every year people with diabetes are invited for a review to monitor their health which should include:

Weight



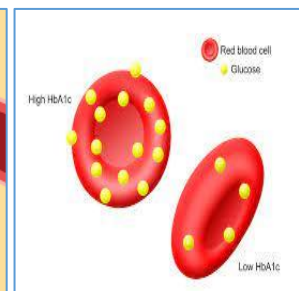
BP



Cholesterol



Glucose



Eyes



Feet



Other Blood & Health Investigations



Many people may also develop a “fatty liver” because of their diabetes - but to date we don’t routinely test for this.



Undetected Fatty liver (known as NAFLD) can lead to permanent damage so your practice is taking part in the PRELUDE1 study to add an extra investigation to your annual review to detect whether you have this or not. No further blood is needed as the test can be done using your normal blood investigations. You will be told the result and if you have NAFLD your GP may refer you for a liver scan.

The PRELUDE1 study will be taking place at the surgery over the next year so everyone who has diabetes should be offered the chance to participate but if you would like to opt out please let the practice know. There is more information about the study on the website www.prelude1.org. or please ask reception for a PRELUDE1 practice information sheet. Thank you from the study team.